

# REFRESH

DAILY MAINTENANCE  
FOR SKIN REJUVENATION SKIN REGENERATION  
MOISTURISING ANTI-WRINKLE

## Younger skin (normal to oily)

Morning and evening:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area (morning only)
- Apply **X3M EGF Refresh Essence**, and on top of that
- Apply **Sun Shield Cream SPF30** or **Dermo Corrective Cream SPF50** (morning only)

## Younger skin (normal to dry)

Morning and evening:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area (morning only)
- Apply **X3M EGF Refresh Serum**, and on top of that
- Apply **Sun Shield Cream SPF30** or **Dermo Corrective Cream SPF50** (morning only)

## Mature skin (normal to oily)

Morning:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area
- Apply **X3M EGF Refresh Essence**, and on top of that
- Apply **Sun Shield Cream SPF30** or **Dermo Corrective Cream SPF50**

Evening:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area
- Apply **X3M EGF Refresh Essence**

## Mature skin (normal to dry)

Morning:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area
- Apply **X3M EGF Refresh Serum**, and on top of that
- Apply **Sun Shield Cream SPF30** or **Dermo Corrective Cream SPF50**

Evening:

- Cleanse the face, neck and lower neck using **Concentrated Cleansing Foam**
- Tone skin with **X3M EGF Refresh Liquid Moisturizer**
- Apply **Lip & Eye Renewal Cream** on eye and lip area
- Apply **X3M EGF Refresh Essence**, and on top of that
- Apply **X3M EGF Refresh Serum**

SAVIOUR  
SKIN SPA