

# SAVIOUR

SKIN SPA

TREATMENT MENU

**10% OFF**  
SAVIOUR SKIN SPA TREATMENTS  
FOR ALL DAVID LLOYD MEMBERS  
\*NOT TO BE USED WITH OTHER OFFERS

# SAVIOUR

## SKIN SPA

### SKIN CONSULTATION

**FREE** FIRST CONSULTATION

Start your SAVIOUR Skin journey today, discuss your skin goals with an expert. Ideally come without makeup or face cream and bring all your current skincare products including cleansers you use on your face. 15 mins

### CACI FACIAL TONING

**£70** CACI FACIAL TONING

CACI treatments lift the face by toning facial muscles, smoothing away fine lines and wrinkles and preventing sagging skin. CACI achieves visible face lift results, helping to tighten sagging muscles and skin, and smoothing away fine lines and wrinkles. 60 mins

**£45** CACI MICRO-TOUCH FACIAL

This treatment combines the muscle toning and lifting benefits of CACI's iconic microcurrent technology with hands-on treatment therapy using the Electro Gloves. The treatment focuses on muscle lift, tension release, deep tissue relaxation, and lymphatic drainage for more sculpted, toned, enhanced facial definition. 45 mins

**£35** CACI HAND REJUVENATION

The anti-ageing and nourishing hand treatment uses conductive microcurrent gloves with CACI Rejuvenating Hand Mask to reduce fine lines and intensively moisturise, leaving the hands hydrated with a softer more youthful appearance. 30 mins

## FACIALS + MEDICAL SKIN TREATMENTS

- £22 **MINI LED LIGHT THERAPY**  
LED treatment works on the skin at the cellular level, targeting a variety of skin issues, such as acne, aging and pigmentation includes double cleanse enzyme peel, LED & SPF. 60 mins
- £55 **MAXI LED LIGHT THERAPY** Elevate your LED therapy with **LUMIXA PHOTOTHERAPY SYSTEM**  
Lumixa is a topical gel that is applied to the skin then activated under a professional blue LED light. Treatments with Lumixa stimulate fibroblasts to increase collagen, target the intrinsic signs of ageing and reactivate the skin matrix. 60 mins
- £25 **DERMAPLANING FACIAL**  
Exfoliation treatment that removes 4 weeks of dead skin cells & vellus hair (peach fuzz). 45 mins
- £45 **CLINICCARE TARGETED MEDICAL SKIN TREATMENTS**  
Targeted medical skin treatments are ideal for acne, rosacea, anti-aging and hyperpigmentation. Includes: double cleanse painless, peel, bespoke medical grade, master LED light therapy. 60 mins
- £55 **STEAM BLAST EXTRACTION**  
Luxury facial including steam and blackhead extraction. 60 mins
- £70 **DERMALOGICA FACIAL**  
The ultimate customisable treatment. An all-in-one facial treatment which treats your skin to a double cleanse, exfoliation, and facial mask. Depending on your skin's needs, it may include enhanced technologies such as micro-current, LED light therapy and a combination of professional grade actives.  
Every treatment includes well-being touches to elevate the experience. 60 mins
- £70 **MESOTHERAPY**  
This quick, effective, glowing facial involves the application of serum using a nappage technique (micro-injections that deliver microscopic quantities of pharmaceuticals, vitamins, minerals, growth factors, biomimetic peptides and amino acids into the skin to target specific conditions providing instant hydration and radiance.) Perfect for a quick skin boost before a night out or a special event. 45 mins
- £100 **FILLMED DERMAGLOW**  
Anti-Aging Facial Using Filled peels and Dermaplaning. 60 mins
- £100 **FILLMED BEAUTIF-EYE**  
Refresh tired eyes, rewind time on fine lines and wrinkles and reduce dark circles. Includes a chemical peel followed by micro injections using Nano soft and FILLMED Mesotherapy serums. 45 mins
- £140 **FILLMED BIO NUTRI NECK**  
Targets necklines, increases hydration, elasticity and improves skin quality. Includes a chemical peel followed by micro injections using Nano soft FILLMED Mesotherapy serums. 60 mins

## PEELS

- £65 **FILLMED BRIGHTENING PEEL**  
A beautiful peel to brighten the skin before a night out or special event, no flaking or dryness. Includes cleanse, second cleanse, pre peel, brightening peel, post peel, post medical grade mask, B3 cream and SPF. 45 mins
- £299 **THE PERFECT PEEL®**  
The Perfect Peel® is a revolutionary chemical peel that will transform your skin into looking younger, healthier and clearer in just one week. The Perfect Peel is a medium-depth chemical peel that can be used on all skin types and requires no pre-peel skin preparation. 45 mins





## MICRONEEDLING

### £100 MEDICAL MICRONEEDLING

Microneedling is one of the best ways to stimulate the production of collagen. Micro needling is excellent for: Ageing • Pigmentation • Acne scarring • Stretch marks Texture and Tone • Scarring. As a result new collagen and elastin is formed reducing wrinkle depth and the appearance of scars and other skin imperfections, leaving the skin smoother, clearer, firmer and younger looking.

75 mins

## RADIO FREQUENCY

Radio Frequency stimulates collagen production, lifts and firms the skin while Electroporation (no needle mesotherapy) treats skin quality.

### £70 DUAL INJECTOR PRO

Includes cleanse, second cleanse, enzyme peel, radiofrequency skin tightening, electroporation, followed by SPF. This treatment is excellent for: Fine lines and wrinkles • Under eye puffiness • Skin rejuvenation • Sagging skin. Best for: Dry, dehydrated or normal skin.

Recommended Frequency: a course of 6/8 weekly sessions is recommended (depending on skin laxity) followed by a monthly top up to maintain results. 45 mins

## CUPPING

### INCLUDES A COMPLEMENTARY CONSULTATION

Cupping can be used to alleviate symptoms and treat a range of illnesses, improve circulation, eliminate toxins, boost immunity, restore vital energy and promote general wellbeing. 60 mins

### £50 BASIC DETOX 1 - 6 cups

### £70 STANDARD DETOX 7 - 12 cups

### £100 ADVANCE DETOX 13 - 20 cups

### £10 ADDITIONAL CUPS per cup

## BIODERMOGENESI®

### £75 (BDG) BODY SHAPING

Biodermogenesi® is a non-invasive method for skin regeneration and deep hydration. This Italian invented treatment delivers an 80% improvements in stretch marks and cellulite.

The 60 minute treatment involves a painless suction method with radio frequency. Increases type III collagen, elastic fibers and hydration (clinically proven). Leaving a smoother, regenerated appearance.

A course of 4-12 treatments is recommended to achieve optimum results depending on the individual.

This Treatment is brilliant for:

- Stretch Marks
- Anti-Ageing
- Burn Scars & Surgical Scars
- Cellulite
- Skin Tightening

**we are delighted to share this amazing treatment at an incredible introductory price \*Std London price £440 per treatment.**



## HANDS

- £15 **SAVIOUR MANICURE** \*SPECIAL OFFER £5 OFF NORMALLY £20  
Hand soak, cuticle tidy, file and shape, exfoliation with scrub, massage with hand cream. 45 min
- £10 **SAVIOUR HAND MASK**  
Add on a moisturising ManiMask to your treatment. Using heated mitts this treatment will help dry, cracked skin and hard cuticles. 20 mins
- £32 **MANICURE WITH GEL POLISH**  
Saviour Manicure finished with gel polish. 60 mins
- £19 **MEN'S MAINTENANCE MANICURE**  
Cuticle work, hand soak, sugar scrub, hydrating cream applied. 30 min
- £10 **GEL REMOVAL**  
Gel polish can be easily removed by wrapping each nail in acetone with special wraps or a cotton ball. For the best finish, we recommend returning to the salon to get them removed professionally. 30 min

## FEET

- £28 **SAVIOUR PEDICURE**  
Foot soak and file, cuticle tidy, shape, exfoliation with scrub, massage with rich foot cream. 60 min
- £40 **SAVIOUR PEDICURE WITH GEL POLISH**  
Saviour pedicure finished with gel polish. 75 min
- £10 **FOOT MASK**  
The perfect, luxury addition to any treatment. This service involves application of a foot mask, heated booties, and removal with hot towels. It will soften dry, cracked skin and hard cuticles, leaving your feet feeling smooth and hydrated. 20 min

## MASSAGE

- £30 **BACK MASSAGE**  
30 min
- £50 **HOT STONE THERAPY**  
75 min
- £35 **FULL BODY POLISH**  
60 min
- £45 **FULL BODY MASSAGE**  
60 min
- £25 **INDIAN HEAD MASSAGE**  
30 min



## BROWS + LASHES

Patch test required 48 hours before brow and lash treatments. 5 mins  
Please wear suitable clothing. Saviour Skin Spa takes all care but do not accept responsibility for products on clothing.

- £20 BROW WAX, TINT  
30 mins
- £28 BROW WAX, TINT & LASH TINT  
30 mins
- £12 BROW WAX & SHAPE  
15 mins
- £16 LASH TINTING  
10 mins
- £25 PARTY LASHES

Party Lashes are a small cluster of approximately 10 lashes, creating a full volume look in speedy time. Party Lashes are a temporary fix. The adhesive used to adhere them lasts only a night or 2, however if you keep them away from water you can get up to 1-2 weeks wear out of them! 30 mins

## WAXING

- £ 8 CHIN WAX  
10 mins
- £ 8 LIP WAX  
5 mins
- £16 BIKINI  
15 min
- £28 BRAZILIAN  
30 min
- £13 UNDERARM  
15 min
- £17 FOREARM  
15 mins
- £25 CHEST WAX  
30 min
- £25 BACK WAX  
30 min
- £23 1/2 LEG  
30 min
- £34 FULL LEG  
45 min





## SPA PACKAGES

### £90 TIME OUT

Take some time out for yourself and indulge!

This package includes

- A 45-minute treatment of your choice
- A relaxing 30-minute back and neck massage
- Access to a cozy robe, slippers, and towel.
- Enjoy refreshments while you unwind
- Take advantage of the full use of the David Lloyd club facilities before or after your treatments.

Why not treat yourself or a loved one to this luxurious experience?

75 mins

### £100 RELAX

Unwind and rejuvenate!

This package includes

- A customised facial to refresh and brighten your skin
- A relaxing full-body massage to release tension and stress,
- Access to a cozy robe, slippers, and towel.
- Enjoy refreshments while you unwind
- Take advantage of the full use of the David Lloyd club facilities before or after your treatments.

Let our skilled professionals take care of you and leave feeling renewed & refreshed.

90 mins

### £120 PAMPER

Indulge in the ultimate relaxation experience with our Pamper Package!

This package includes

- Back scrub and massage
- Relaxing facial
- Manicure or pedicure
- Access to a cozy robe, slippers, and towel.
- Enjoy refreshments while you unwind
- Take advantage of the full use of the David Lloyd club facilities before or after your treatments.

Book now to indulge in the ultimate spa experience.

120 mins

### £155 REFRESH

The ultimate pampering session!

This package includes

- A full body massage
- A bespoke 45 minute facial tailored to your skin requirements
- Manicure with polish
- You'll also have full access to the David Lloyd club facilities
- Complimentary robe, slippers and towel.
- Enjoy refreshments while you unwind and let our skilled therapists take care of you.

A revitalising experience like no other.

180 mins

## CANCELLATION POLICY

£20 charge for no shows - please give 48 hrs notice